2025 FALL SPORT PHYSICAL EXAMINATIONS ATTENTION ATHLETES

Any student (7th through 11th grade) wishing to participate in a 2025 Fall sport for Hopewell Area School District must have a physical examination prior to the start of official practice, which is Monday, August 11, 2025, except Golf must have their physicals submitted by Monday, August 4, 2025. You cannot practice after these dates until forms are turned into the Athletic Office. Sections 1-5 need to be filled out by a parent or guardian and Section 6 needs to be completed by the physician.

The District will be offering fall physicals with the school physician. The physicals will take place on Tuesday, May 6 starting at 2:30 in the HS nurse's office. Jr. High students are to come to the High School Nurses' Office immediately following dismissal.

The charge will be \$20, cash or check made payable to HASD. Payment is due at the time the student signs up. Sign ups are in the Athletic Office and the Main Office at the Jr. High.

<u>Please bring with you the day of the physical, a physical packet with Sections 1-5</u> <u>filled out and signed by the parent and student. The doctor will fill out Section 6.</u>

All physicals must be dated after MAY 1, 2025.

PLEASE PRINT A NEW PACKET FROM ONLINE OR PICK UP A NEW PACKET FROM THE SCHOOL.

PLEASE NOTE

• PLEASE COMPLETE ALL FORMS INCLUDING PARENT/STUDENT SIGNATURES AND BRING THE SIGNED COMPLETED FORMS TO THE ATHLETIC OFFICE, HIGH SCHOOL OFFICE OR THE JR HIGH OFFICE. DO NOT GIVE THEM TO THE COACH.

Any questions regarding fall sport physical examinations please call The Athletic Department at 724-378-4982 or your coach. If there is no answer due to summer hours, leave a message and someone will return the call as soon as possible.

HOPEWELL HIGH SCHOOL ATHLETIC DEPARTMENT SPORTS PHYSICALS

<u>The PIAA requires only one comprehensive</u> physical per academic year for each athlete provided that there are no orthopedic or medical conditions that require time loss or outside medical conditions. Once an athlete receives the initial physical, they will only be required to have a recertification form (SECTION 7) completed by the parent for any subsequent season if there are no orthopedic or other medical problems. All physicals, including private, must be completed after MAY <u>1</u> and the new form must be used.

The PIAA form has 7 sections. The following is an explanation of each form and what the parent is responsible to complete:

INITIAL PHYSICAL – Parent & Student Completes Sections 1, 2, 3, 4 & 5 and Physician completes Section 6

RE-CERTIFICATION WITH NO MEDICAL PROBLEMS-Parent & Student complete Section 7

- Section 1 Personal & Emergency Information COMPLETED BY PARENT FOR INITIAL PHYSICAL
- Section 2 Certification of Parent/Guardian COMPLETED BY PARENT FOR INITIAL PHYSICAL
- Section 3 Understanding of Risk of Concussion and Traumatic Brain Injury-COMPLETED BY PARENT & STUDENT FOR INITIAL PHYSICAL
- Section 4 Understanding of Sudden Cardiac Arrest Symptoms and Warning Signs COMPLETED BY PARENT & STUDENT FOR INITIAL PHYSICAL
- Section 5-- Health History COMPLETED BY PARENT & STUDENT FOR INITIAL PHYSICAL
- Section 6 Comprehensive Initial Pre-Participation Physical Evaluation and Certification Of Authorized Medical Examiner – COMPLETED BY PHYSICIAN
- Section 7 Re-Certification by Parent/Guardian COMPLETED BY PARENT if student already turned in a physical for a previous sport in the same school year.